



Sample Daily Program (for toddlers and preschool-age children*)

8:00-8:30 Drop-off

8:30-9:45 Free Activity Time

Children are free to choose how to start their mornings, based on the available playspace materials. One child might paint or draw with chalk, others might check out the water table activities, some may prefer to start with dress-up, others might choose to build with blocks while someone drives a toy car along the rug. The toys will be rotated to allow for a variety of experiences.

9:45-10:00 Cleanup/Wash for Snack

10:00-10:15 Snack

10:15-11:00 Outside Playtime

Fresh air and sunshine are very important, and outdoor play helps to promote a healthy lifestyle. Children will play outside every day, with the exception of extreme cold or heavy rain. In the case of inclement weather, indoor gross motor activities will be planned. We will vary the outdoor play options to include balls, fun races, bubbles and a bounce-house. Swings, climbing walls, slides and sandboxes are available daily.

11:00-11:15 Friendship Circle and Storytime

Each day we will read a book together, sing songs and dance or stretch. The emphasis will be on getting to know our playschool friends and learning to participate in a peer group. We will incorporate age-appropriate academics, such as name recognition, color identification, and counting throughout the Friendship Circle activities.

11:15-12:00 Structured Play Time

These activities will vary week-to-week, based on a planned curriculum. The activities will focus on skills and concepts, and will be tailored to meet each child's developmental age and stage. Activities may include seasonal craft projects, a challenging puzzle, fine-motor-skill-building manipulatives, shape/color sorting, etc.

12:00-12:30 Wash for Lunch/Lunch

12:30-2:30 Nap Time

Children may nap at various times throughout the day, depending on their schedule and sleep requirements.

2:30-3:00 Free Activity Time

3:00-4:00 Outside Playtime

4:00 Dismissal

*Babies will be snuggled, fed and napped as needed.